

Tradição do Futuro

120
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2025

JOSE DE MELLO GROUP NEWS


JOSÉ DE MELLO

BONDALTI


Grupo
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WINESTONE
GROUP

CUF INFANTE SANTO HOSPITAL

CUF TEJO HOSPITAL

80 years building the future of healthcare in Portugal

THIS YEAR, CUF CELEBRATES EIGHT DECADES OF LONGEVITY AND VITALITY IN THE SERVICE OF THE WELL-BEING OF THE PORTUGUESE. MORE THAN JUST A HEALTHCARE NETWORK, IT HAS BECOME A CONSTANT PRESENCE IN THE DAILY LIVES OF THOUSANDS OF FAMILIES.

Alfredo da Silva honoured
with the Grand Cross of
Infante D. Henrique

Nuno Cochito de Sousa:
"I have identified a culture
with which I feel aligned"

Going on holiday?
We're travelling
with you

News

ALFREDO DA SILVA HONoured WITH THE GRAND CROSS OF INFANTE D. HENRIQUE

The ceremony commemorating CUF's 80th anniversary, held on 26 May in Lisbon, saw Alfredo da Silva posthumously awarded the Grand Cross of the Order of Infante D. Henrique by the President of the Portuguese Republic, Marcelo

Rebello de Sousa. This recognition symbolises the decisive role played by the founder of CUF (at the time, Companhia União Fabril) in the country's economic and industrial development. The award also emphasises the relevance of his legacy, which continues to inspire the José de Mello Family and Group in its purpose, values and commitment to the common good.

Watch the best moments of the event [here](#).



**A VITALIDADE
DE SEMPRE**



THE WINNER OF THE JORGE DE MELLO SCHOLARSHIP IS NOW KNOWN



The Amélia de Mello Foundation, in partnership with COTEC Portugal, has awarded the Jorge de Mello Scholarship - Industry and Innovation 2025, worth 150,000 euros, to researcher Jaime Santos, from the University of Coimbra, for the AcousticPAT project. The technology proposes an innovative solution for quality control of injectable medicines that can also be applied in the food and cosmetics industries. The ceremony announcing the winner took place on 27 June in Lisbon, with the President of the Republic, Marcelo Rebelo de Sousa, in attendance.

Watch the best moments of the ceremony [here](#)

CUF PRESENTS ITS PURPOSE AT THE ENCONTRO CUF'25

"For Life, with Humanity and Excellence" is CUF's new Purpose, presented at the Encontro CUF'25, held on 9 May in Porto. More than just a tagline, the Purpose reveals CUF's raison d'être, summarising decades of dedication to health and the community, and also aims to guide the day-to-day work of employees and align the organisation with a common commitment.

Find out more about CUF's new Purpose [here](#)

Curious about the CUF'25 Meeting? Find the summary [here](#)



BONDALTI ELECTS NEW GOVERNING BODIES



Bondalti Capital held its General Meeting on 20 May, establishing a new mandate for its bodies for the 2025-2027 term. The election was marked by a welcome meeting held in Ílhavo and a visit to the Estarreja factory.

Composition of the Board of Directors: João de Mello (chairman); André de Albuquerque, Luís Delgado and Luís Rebello da Silva (executive directors); Marisa Poncela, Carlos Silva Lopes, Pedro Rocha e Melo and Vasco Luís de Mello (non-executive directors).

CONCILIATION IN THE SPOTLIGHT ON INTERNATIONAL FAMILY DAY

On 15 May, EDP's headquarters hosted a meeting promoted by the Christian Association of Entrepreneurs and Managers to mark International Family Day. The event brought together dozens of organisations certified as EFR (Family Responsible Entities), including CUF, Bondalti, Brisa and José de Mello. The initiative reinforced the strategic value of reconciling personal, family and professional life, highlighting the commitment of companies that put people at the centre of their mission.



HEALTHTECH INVESTMENT DAYS PASSED THROUGH LISBON

On 12 and 13 May, José de Mello and CUF co-hosted the HealthTech Investment Days roadshow in Lisbon, promoted by the European Innovation Council. The event brought together scaleups, investors, researchers and healthcare providers from all over Europe. At the opening, Salvador de Mello reinforced the Group's commitment to innovation and responsible entrepreneurship: "we need solutions that combine innovation with responsibility, technology with purpose and vision with action".

Watch the video summarising the event [here](#).



LISBON CITY COUNCIL HAS ANNOUNCED THAT IT WILL RENAME A SECTION OF THE CURRENT AVENIDA 24 DE JULHO, IN FRONT OF CUF TEJO HOSPITAL AS AVENIDA JOSÉ MANUEL DE MELLO.

APPLICATIONS OPEN FOR THE CUF D. MANUEL DE MELLO SCHOLARSHIP 2025

See the regulations [here](#).



"80 YEARS, THE SAME VITALITY AS EVER" IS CUF'S NEW CAMPAIGN

The brand's most recent campaign is fronted by CUF employees. Not only does it mark the anniversary, but it also celebrates what defines it: the union of experience and innovation, and the ongoing commitment to life, humanity and excellence.

Watch the campaign video [here](#), with original music by Silly.

BRISA LAUNCHES A NEW CUSTOMER 360 UNIT TO IMPROVE CUSTOMER EXPERIENCE

The Brisa Group has just created the Brisa Cliente 360 unit, dedicated to transversally improving the services provided to the Group's more than five million customers. The new team will guarantee an integrated and excellent experience at all points of contact, with a focus on customer management, digital experience and multichannel service.

QUINTA DO CÔTTO "HIGHLY RECOMMENDED" AND WITH A NEW ONLINE PRESENCE

Revista de Vinhos honoured three Quinta do Côtto wines as "Highly Recommended" in the May edition's Choices of the Month: Sousão 2022 (94 points), Reserva 2022 (93 points) and Bastardo 2023 (92 points). Alongside the recognition, Quinta do Côtto also launched its new [website](#), where you can explore the history of the estate and find out more about the full range of wines.



QUINTA DE PANCAS RESERVA BRANCO AND TEIXEIRO GRANITO WINES ARE PART OF TAP'S NEW WINE LIST IN BUSINESS CLASS, WHICH WILL BE PRESENTED ON BOARD ON SEPTEMBER 1.



Your opinion is fundamental. Tell us [here](#) what you thought of this issue.

BONDALTI FOR PORTUGUESE CULTURE

Bondalti joined the **International Fado Festival**, this year dedicated to celebrating the centenary of Carlos Paredes' birth. Held in Barcelona between 19 and 21 June, the highlight of the event was a concert by Katia Guerreiro, which was attended by Luís Rebelo da Silva, Bondalti's CFO and chairman of Bondalti Water; Anton Valero, Bondalti's advisor to the chairman; and Antonio Alonso, Bondalti Water's director, as well as various clients and business partners invited by Bondalti.



ZELA PROJECT HONoured AT THE NATIONAL SUSTAINABILITY AWARD

CUF's Zela - Learning to Care project, in partnership with the Calouste Gulbenkian Foundation, received an *Honourable Mention* in the "Well-being and Sustainable Cities" category of the Jornal de Negócios National Sustainability Award. The initiative has already trained 195 carers from 46 institutions free of charge, contributing to better care for the elderly population and greater inclusion in communities.



The José de Mello Group took part in the annual **Business Roundtable Portugal conference** - "Ctrl Alt Portugal: Reboot for Growth", held in Porto on 30 June, an event that brought together decision-makers and business and institutional leaders from all over Portugal. The delegation included around 40 participants from José de Mello, Bondalti, Brisa and CUF, including the Group's chairman, Salvador de Mello, reinforcing the commitment to strategic issues for the country's development.



"CONHECER O GRUPO": A JOURNEY OF DISCOVERY AND SHARING

The first two 2025 editions of the "Conhecer o Grupo" (Getting to know the Group) programme held in May and June took participants to Barreiro and José de Mello, passing through Bondalti, Bondalti Water, Brisa, CUF Tejo and ending at Ravasqueira. The third and final edition of 2025 is scheduled for the end of September.



VASCO DE MELLO SHARED HOW THE FAMILY LEGACY GUIDES THE GROUP'S MANAGEMENT, STRIKING A BALANCE BETWEEN TRADITION AND INNOVATION, AT FUNDAÇÃO SANTANDER'S BEYOND PROFIT TALK. WATCH THIS CONVERSATION, MODERATED BY MARTIM SOUSA TAVARES, [HERE](#).

"SER SOLIDÁRIO 2024" SUPPORTS THREE INSTITUTIONS CHOSEN BY EMPLOYEES



Aldeia de Crianças SOS, Associação Humanitária de Salreu (pictured with a Bondalti representative) and Terra dos Sonhos were the institutions chosen by the Group's employees to receive a global donation of 17,000 euros as part of the "Ser Solidário 2024" initiative.

BONDALTI WATER SIGNS CONTRACT WITH DAMM BREWERY

Bondalti Water has signed a contract with beverage company Damm for the operation and maintenance of the Wastewater Treatment Plant (WWTP) at the El Prat de Llobregat plant in Barcelona. The contract includes the incorporation of innovative solutions and state-of-the-art technologies from Bondalti Water, with a view to increasing efficiency and circularity in the management of water resources. The project is due to be completed in 2028.



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Applications are now open for TUMO, the educational programme for young people aged between 12 and 18 that combines technology and creativity, endorsed by José de Mello. Find out more [here](#).

80 years building the future of healthcare in Portugal

This year, CUF celebrates eight decades of longevity and vitality serving the well-being of the Portuguese. More than just a care network, it has become a constant presence in the daily lives of thousands of families.



CUF's impact in 2024



Health

3.3 million
consultations carried out

464,000
emergency episodes



Clients

1.3 million
clients

7.6 million
front office visits to
hospitals and clinics



Training and Education

120,000
of training carried out

2,200
internships organised



Community

36,500
goods donated

55
social organisations
supported



Environment

-76%
e in CO₂ missions from
anaesthetic gases

3 million
sheets of paper recycled,
corresponding to the preservation
of around 300 trees



People

17,000
active employees

1,700
new hires

Eight decades, eight milestones

Since founding its first hospital in 1945, CUF has charted a pioneering and transformative course in healthcare in Portugal. These are eight milestones that define this history of innovation, proximity and clinical excellence.

1984 — present

THE LARGEST PRIVATE ONCOLOGICAL CARE NETWORK

In the 1980s, CUF became the first private provider to treat cancer in Portugal. Four decades of experience later, it has built the largest private cancer care network in the country. Today, it offers integrated treatment, with multidisciplinary teams, state-of-the-art technology and dedicated cancer centres.

1995

THE FIRST PUBLIC-PRIVATE PARTNERSHIP

CUF was a pioneer when it joined the first public-private partnership in healthcare in Portugal, managing the Amadora-Sintra Hospital. The model would be replicated in other units, such as the hospitals in Braga and Vila Franca de Xira, recognised for their quality of care and efficient management.

2001

THE FIRST PRIVATE HOSPITAL WITH ITS OWN STAFF

The CUF Descobertas Hospital marked a turning point in the private sector. For the first time, a hospital had its own fully dedicated clinical staff - doctors and nurses - and an innovative care model.

2007 — present

ARRIVAL IN PORTO AND NATIONAL EXPANSION

The opening of CUF in Porto began a cycle of expansion to other cities, consolidating a national network of hospitals and clinics that continues to grow.

2012

TRAINING OF SPECIALISED DOCTORS

Recognised for its clinical quality and training capacity, CUF began training specialist doctors, integrating itself into the national medical internship system and taking on a structuring role in training the next generation of health professionals.

2020

FIRST ACCREDITED SIMULATION CENTRE

The CUF Simulation Centre was created, the first accredited in Portugal by the European Society for Simulation Applied to Medicine. Here, healthcare professionals train with high-fidelity clinical simulations, increasing the safety and quality of care provided.

2020

PIONEERING HOME CARE NETWORK

To address at home health requirements, CUF has introduced its home care network, providing personalized clinical support, including hospital-at-home services, without patients having to leave their homes.

2025

NEW PROXIMITY CARE

Guided by a people centric vision, CUF has opened Health Centres in urban areas, strengthening access to everyday medical services, from consultations and examinations to nursing care, in convenient, accessible settings.

TAKE PART IN CUF'S ANNIVERSARY**Travelling exhibition "80 Years: Same Vitality as Ever"**

Interactive and educational, the exhibition presents the main milestones in CUF's history, as well as the challenges and trends in the health sector. It began on 4 June in Coimbra and will tour various locations throughout the year, including Porto, Torres Vedras, Viseu, Leiria, Santarém and Barreiro. It ends at the Nova School of Business and Economics, in Carcavelos, where it will be held from 5 to 20 November.

Are you planning to visit? Find out more [here](#).

"Saúde com Propósito" Podcast

Nine episodes, 20 guests and many conversations about the history of CUF and the future of healthcare in Portugal.

The episodes are released fortnightly (with a break in August) and are available on Spotify, YouTube and Apple Podcasts.

[Listen here](#)

**SAÚDE com
PROPOSITO**
COM JOANA PETIZ

"To celebrate CUF's 80th anniversary is to recognise the strength of a vision that has been able to evolve with the times, always at the service of people and innovation in healthcare."

JOÃO PAÇO, CHAIRMAN OF THE CUF 80TH ANNIVERSARY ORGANISING COMMITTEE



“I identified a work culture at José de Mello with which I felt naturally aligned”

He grew up in a family of doctors, but found his vocation in Finance and later in Management. Recently appointed José de Mello's Director of Strategic Planning and Management Control, Nuno Cochito de Sousa embraces the challenge with enthusiasm, always remembering those who had a central role in his journey.

What attracted you to the world of Management and what continues to motivate you in this area?

That's a good question, because management wasn't my first choice. I've always had a more analytical profile, which is why I chose Economics for my degree and Finance for my master's degree, where I specialised in Financial Markets. I can say that Management was an acquired taste during my time at McKinsey. It was a positive surprise, as I realised that Management can be just as rigorous and objective as Economics and Finance, and over time I discovered a great love for working in a context where human behaviour is a constant presence. This component ends up making everything more interesting and richer. Management has a huge learning curve and that's what continues to motivate me.

You were the best student in your bachelor's and master's degrees at Nova School of Business and Economics, and in your MBA at INSEAD Business School. What advice do you have for current students at these institutions?

Make the most of these periods. They are moments of enormous fun, of friendships that last a lifetime. That doesn't mean that the academic component isn't to be taken seriously and rigorously. In my case, I thought that studying at these institutions was a privilege and that motivated me. You don't have to be the best student, but you do have to do things with rigour and care. And if you have a genuine curiosity and love for what you're studying, that's half the battle to do well.

Nuno Cochito de Sousa

Director of Strategic Planning and Management Control at José de Mello

- He has visited more than 50 countries, including São Tomé and Príncipe and Myanmar
- He guarantees that his bolognese is always praised by his family and friends
- Enjoys hiking, playing football and paddle tennis



What did you take away from your first experience at José de Mello in 2017 that motivated you to return in 2020?

A lot! The saying goes that “you shouldn't go back to where you were happy”, but I often say the opposite and use my case as an example. I identified a work culture at José de Mello that I felt naturally aligned with: always prioritising rigour, trust and integrity. I value working in a multisector economic group with a significant impact on the economy, which makes portfolio management very interesting. Finally, I like being in a place where I can measure the impact of my work, in a family shareholder structure with which I identify and respect a lot.

You recently took on a new role. How did you accept the challenge?

With great pleasure and pride in the trust that has been placed in me. At the same time, it had a bitter taste in the short term, because it meant no longer working with Francisco Meneses, who previously held this position and is now at CUF. He has been a central reference point for my development in recent years and I thank him for everything. But, of course, leading this area has already been a unique opportunity. We're also in a phase of great dynamism, with various projects underway, and of team development. For all these reasons, it's a path that will undoubtedly be very enriching and full of learning and development.

You're travelling, we're coming with you!

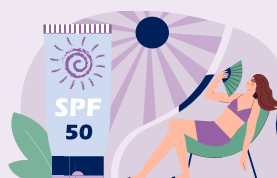
Before you pack your bags and set off for your destination, we've put together some tips for your holiday.



01.

Make breaks part of the journey

On long journeys, stopping regularly is essential to ensure comfort and safety. The [Colibri](#) service areas in Portugal offer everything you need to recover your energy: a variety of restaurants, rest areas, baby changing facilities and family support areas - including Kids Zone - convenience stores and outdoor areas to stretch your legs. And if you're driving an electric car, don't worry: the charging network will take you from Barcelos (A3) to Almodôvar (A2).



03.

More sun, less risk: protect yourself well

Sunscreen is your great ally against the harmful effects of exposure to ultraviolet rays, but it's not enough to apply it just once a day. [CUF](#) answers all your questions about how to maintain healthy skin on holiday (and all year round).



04.

Toast to summer with the right wine

Warm afternoons and balmy evenings call for fresh, elegant wines. The good news is that [WineStone](#) has a wide range of whites and rosés from various regions - from Vinho Verde to the Douro, from Alentejo to Lisbon. The hard part is choosing just one bottle.



02.

Take care of the water - and enjoy every dip

Managing this precious resource responsibly is in everyone's hands. If [Bondalti](#) promotes the efficient use of water in industry, you can do the same on your holidays. Simple acts such as taking short showers and reusing bath water make all the difference. And while we're on the subject of summer, did you know that the chlorine that keeps so many swimming pools safe is mostly produced by Bondalti? It's one more way - invisible, but essential - that we're present on your holidays.

We wish you all a peaceful summer, full of good times - between breaks, dives and toasts.

Happy holidays!

SHARE **here** YOUR COMMENTS



JOSÉ DE MELLO